

# Hampton Park Primary School - Winter Canteen Menu 2017



## Drinks

<b>G</b> Up & Go (Choc, Van, Straw) <i>(Choc/ Vanilla / Strawb / Banana)</i>	\$ 3.50
<b>G</b> Orange Juice <i>(can be frozen)</i>	\$ 2.00
<b>G</b> Apple Juice <i>(can be frozen)</i>	\$ 2.00
<b>G</b> Apple/Blkcurrent Juice <i>(can be frozen)</i>	\$ 2.00
<b>G</b> Tropical Juice <i>(can be frozen)</i>	\$ 2.00
<b>G</b> Bottled Water	\$ 1.50
<b>G</b> Choc Chill <i>(can be frozen)</i>	\$ 3.50
<b>G</b> Milk	\$ 1.50
<b>G</b> Sipahh Straw	\$ 0.50

## Sandwiches

<b>G</b> Buttered sandwich	\$ 1.50
<b>G</b> Buttered Roll	\$ 2.00
<b>G</b> Vegemite Sandwich	\$ 2.00
<b>G</b> Ham/Chicken/Tuna/Egg/Cheese	\$ 2.50
<b>G</b> Salad Sandwich	\$ 3.00
<b>G</b> Curried Egg Sandwich	\$ 3.00

## Toasted Sandwiches

<b>G</b> One filling	\$ 3.50
<b>G</b> Two fillings	\$ 4.00
<b>G</b> Three fillings	\$ 4.50
<i>Ham/Chicken/Tuna/Cheese/Pineapple/Tomato</i>	

## Extras

<b>G</b> Cheese/lettuce/tomato/carrot/cucumber pineapple/tomato sauce/mayonaise	\$ 0.50
<b>G</b> Rolls - white or wholemeal	\$ 0.50

## Meals

<b>G</b> Pasta Bake <i>(Tomato based sauce and cheese)</i>	\$ 4.00
<b>G</b> Spaghetti Bolognese	\$ 5.00
<b>G</b> Corn on the Cob	\$ 2.00
<b>A</b> Crumbed Chicken Breast	\$ 2.75
<b>A</b> Crumbed Fish	\$ 2.75
<b>G</b> Salad Tray	\$ 4.50
<b>G</b> Salad Tray Extras <i>(Ham/Chicken/Egg OR Cheese)</i>	\$ 1.00
<b>G</b> Fruit Salad Tub	\$ 4.00
<b>G</b> Lasagne	\$ 5.00
<b>G</b> Crumbed Chicken & Salad Wrap	\$ 5.00
<b>G</b> Crumbed Fish & Salad Wrap	\$ 5.00
<b>G</b> Baked potato - plain with butter only	\$ 4.00
<b>G</b> Baked potato - with 1 or 2 fillings	\$ 5.00
<i>(bolognese sauce, ham, chicken, tuna, cheese)</i>	
<b>A</b> Nacho's - Bolognaise sauce <b>(Tue &amp; Thur )</b>	\$ 5.00
- Sour Cream	\$ 0.50
<b>A</b> Cruiser Pie <b>(Monday / Friday only)</b>	\$ 5.00
<b>A</b> Sausage Roll <b>(Monday / Friday only)</b>	\$ 4.00
<b>A</b> Hot Dog <b>(Tuesday/ Thursday only)</b>	\$ 4.00
<i>(with or without sauce)</i>	
<b>G</b> Sauce	\$ 0.50

## Recess

<b>G</b> Frozen Yoghurt <i>(Strawberry / Mango)</i>	\$ 2.00
<b>G</b> Cheesies	\$ 0.70
<b>G</b> Pizza muffin <b>(Tue/Thurs)</b>	\$ 1.20
<b>A</b> Party Pie <b>(Wed)</b>	\$ 1.50
<b>A</b> Hash browns <b>(Mon/Fri)</b>	\$ 1.00

## Snacks

Slinky your own apple	\$ 0.20
<b>G</b> Apple	\$ 0.50
<b>G</b> Popcorn	\$ 0.50
<b>A</b> Rice Sticks	\$ 1.20
<b>G</b> Frozen Yoghurt	\$ 2.00
<b>G</b> Yogo (Chocolate)	\$ 3.00
<b>G</b> Frozen Cups	\$ 0.50
<b>G</b> Yoghurt - Vanilla	\$ 3.00
<b>G</b> Yoghurt - Strawberry	\$ 3.00

## INDEX

<b>G</b> <b>Healthy Choice Option</b>
<b>A</b> <b>Amber - twice per week only</b>



Contact Lou in the canteen to find out all the benefits of volunteering for only 1 or 2 hours per day

CANTEEN CLOSED LAST DAY OF TERM \* AMBER PRODUCTS SHOULD ONLY BE ORDERED TWICE PER WEEK If your child is sick, please cancel before 9:30am or take the order home with you. NO REFUNDS SORRY

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